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| รูป | ประโยค | condition |
| PMV1 | Casual wear is recommended | P1MV>=1 |
| PMV2 | Winter clothing is recommended | P1MV<=-1 |
| water | Provide drinking water | HI<91 |
| remind | Remind workers to drink water often | HI>=91 |
| break | Should take a few break after working for a while | HI>=91 |
| Limit exercise | Limit physical exertion | HI >= 104 or 50<I<150 |
| reschedule | Reschedule non-essential activity | HI >=115 |
| window | Open window and get some fresh air | 0<I<50 |
| exercise | Let’s do outdoor exercise | 0<I<50 && HI<91 |
| closewindow | Close your window | I>50 |
| mask | Should wear a mask | I>50 |
| avoid | Avoid every outdoor exercise | I>150 |